



2015

SUMMER

SPORTS CAMPS

ROOSEVELT HIGH SCHOOL



Des Moines

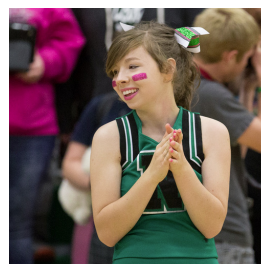
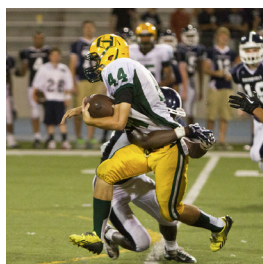
PUBLIC SCHOOLS

PROUD HOME TO 3,000 STUDENT-ATHLETES

From collegiate and professional athletes to U.S. Olympians, Des Moines Public Schools has a long history and tradition of students competing at the highest levels in a variety of sports. Whether you are a Scarlet, Huskie, Rail, Polar Bear or Roughrider, our high schools provide many opportunities to participate, compete and succeed.

DMPS is expanding opportunities for more and more students to participate in a wide range of activities, including athletics. To support that effort, we are also expanding our summer sports camp offerings.

The listings in this brochure provide our summer sports camp information for Roosevelt High School, along with a registration form. We hope you take advantage of these opportunities and are part of the history and tradition of Des Moines Public Schools.



2015 SUMMER SPORTS CAMPS

Elementary and Middle School Volleyball Camp - RR913

Camp is Mon-Thu, June 1-4 at Roosevelt High Gym

Grades 4TH-8TH Girls; 4:30-6:30 PM

Fundamentals of volleyball, skills & training. Students should wear tennis shoes, athletic clothing and kneepads.

\$30 Register by May 22

Middle School Girls' Tennis - Skills & Drills - RR932

Camp is Mon-Fri, June 22-25 at Waveland Tennis Courts

Grades 6TH-8TH; 1:00-2:00 PM

Beginners foundation of shots, footwork, scoring, followed by shot repetition and practice games. Players should supply their own tennis racquet and court shoes.

\$25 Register by June 8

Rider Boys' Cross Country Camp - RR920

Camp is Tue & Thu, August 18 & 20 at Waveland Tennis Court parking lot

Grades 6TH-11TH Boys; 7:30 a.m.

Athletes will listen to guest speakers and go on training runs. This is for all boys going into Grades 7-12 who will attend Roosevelt High School. Bring running clothes, shoes and a water bottle. Meet at Waveland Tennis Court parking lot.

Free Register by August 18

Rider Boys' Soccer Camp - RR917

Camp is Mon, June 8 at Roosevelt High

Grades 6TH-8TH; 9:00 AM to Noon

Fundamental soccer skills instruction.

\$20 Register by May 28

Rider Cheer Camp - RR934

Camp is Tue-Thu, June 16-18 at Roosevelt High Small Gym

Grades 6TH-8TH; 9:00-11:30 AM

Cheerleading skills camp for students entering 6th -8th grade. Participants will receive a t-shirt and a bow. Athletic apparel required and water bottles encouraged.

\$60 Register by June 1

Rider Girls' Soccer Camp - RR916

Camp is Thu, June 4 at Roosevelt High

Grades 3RD-8TH; 9:00 AM to Noon

Fundamental soccer skills instruction.

\$20 Register by May 25

Roos Jr Riders Boys Basketball Camp - RR912

Camp is Wed-Fri, June 17-19 at Roosevelt High Gym

Grades 3RD-8TH; 9:00 AM to 12:30 PM

Fundamental basketball skills instruction.

\$50 Register by June 12 or walk-in

Roos Jr Riders Football Camp Gr. 3-8 - RR933

Camp is Mon-Thu, August 3-6 at Roosevelt High Front Lawn

Grades 3RD-8TH; 1:00-2:30 PM

Football skills camp. Bring a water bottle. Also bring cleats if you have them.

\$25 Register by July 22

Roosevelt Jr. Riders Girls' Basketball Camp - RR911

Camp is Mon-Thu, June 8-11 at Roosevelt High Gym

Grades 3RD-8TH; 9:00 AM to Noon

Fundamental basketball skills instruction.

*Fee is \$60 for 1st child, \$35 for 2nd child, and \$20 for each add'l child.

\$60/\$35/\$20* Register by May 29 or walk-in

Roosevelt Girls' Swim Camp - RR931

Camp is Mon-Fri, Aug 3-7 at Roosevelt High Pool

Grades 8TH-11TH; 8:00-10:00 AM

Intro to girls high school swim season. Please be able to swim.

Free

Roosevelt Lady Riders Cross Country Roundup - RR935

Camp is Tue & Thu, August 18 & 20 at Waveland Tennis Courts Parking Lot

Grades 6TH - 11TH; 7:30 AM to Noon

Preseason training camp. Athletes will listen to guest speakers and go on training runs. This is for all girls going into 7th through 12th grade attending Roosevelt High School. Dates subject to change, see the website for the latest information. <https://rooseveltcc.wordpress.com/> Wear running clothes and bring a water bottle.

Free Register by August 18

Running Drills, Techniques & Agility Camp - RR936

Camp is Sat, June 27 at Roosevelt High Track

Grades 3-12 COED; 10:00-11:30 AM

Camp goers will learn basic running techniques, nutrition facts, and how to incorporate running techniques into multiple sports. Students should wear athletic shoes and clothing.

\$15 Register by June 19

2015 SUMMER SPORTS CAMPS | REGISTRATION FORM

Student's Legal First & Last Name

Date of Birth

School Attending 2014-2015

Grade This Year (2014-2015)

Student's Address

City

Zip Code

T-Shirt Size (if applicable); circle one: YM YL AS AM AL AXL

Special Needs (if any): _____

Parent/Guardian Name

Phone

Address

Zip Code

Email

I and/or my child prefer NOT to be photographed for use in district publications, websites or local media and newspapers

Camp Code	Camp Name	Fee
Total Fees		

Payment Method: Cash Check (No. _____) Please make checks payable to **DMPS Community Education**

I certify the above information is correct and that the individual listed above has my permission to enroll in the Des Moines Public Schools Summer Sports Camp(s) indicated. Des Moines Public Schools, its agents and representatives will not be held liable for any injuries, loss of property or any accidents during this program

Parent/Guardian Signature: _____

Date: _____

Registration

Please complete the registration form and return it to:

DMPS Community Education | Attn: Sports Camps | 1915 Prospect Road | Suite 1300 | Des Moines, IA 50310-6265

OR Register online by visiting www.dmced.org/camps.

Refunds

If camps are cancelled due to low enrollment, all participants shall receive a full refund. In the case of participant refund requests, a \$5 cancellation fee will be retained. All refunds will be processed in the same format that payment was received.

Participation

Participation in any Des Moines Public Schools summer sports camps is voluntary. At the discretion of District staff, participants may be removed from a camp at any time for failing to follow District policies, rules, or procedures.



DMPS Community Education
1915 Prospect Rd., Suite 1300
Des Moines, IA 50310-6265

